



**UPSTREAM 1 – Guidelines
2019 - 2020**

First Semester

Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 1	8-15	1A (Friends on the Net)	DO ALL	
		1B (The world over)	DO ALL	
		1C (Pleased to meet you!)	DO ALL	
		1D (Tell me everything!)	DO ALL	
		Curricular Cuts	DO ALL	
Unit 2	16-26	2A (Family Ties)	DO ALL	
		2B (families of the world)	Exclude ex 7, 9	19
		2C (Family fun!)	- Replace ex 8 with a different speaking activity (get Ss to ask and answer questions about what activities are possible in Bahrain and where, using 'Can you...?', 'can' and 'can't')	21
		2D (Camp Active)	Ex 3, 4: Set it up carefully with process writing steps.	22
		Culture Clip	DO ALL	
		Self-Assessment Module 1	DO ALL	
		Across The Curriculum	OMIT ALL	
Unit 3	28-35	3A (Day by day)	Exclude ex 3, 4	28, 29
		3B (School days)	DO ALL	
		3C (Careers day)	Exclude ex 1a	32
			Exclude ex 4 and 5b	33
		3D (Job hunting)	DO ALL	
Culture Clip	OMIT ALL			
Unit 4	36-46	4A (Fit for a Queen!)	Exclude ex 1b	36
			Include process writing steps for ex 8	37
		4B (Home exchange)	Do ex 5a (pg 39) <i>before</i> ex 3a (Ss need prepositions of place <i>before</i> reading)	38
			Exclude exs 8 and 9 (repeat of Unit 4a writing task)	39
		4C (A new neighbourhood)	DO ALL	
		4D (Getting there!)	DO ALL	
		Curricular Cuts	DO ALL	
Self-Assessment Module 2	DO ALL			



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Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 5	48-55	5A (A matter of taste)	DO ALL	
		5B (What's on the list?)	Exclude ex 9	51
		5C (What's cooking?)	Change the language in ex 2 from 'affirmative', 'interrogative' to 'positive' and 'question form'	52
			Exclude ex 8	53
		5D (What's in it?)	DO ALL	
		Curricular Cuts	DO ALL	
Unit 6	56-66	6A (Weather blues)	Do ex 5 after ex 2 as a personalisation and practice of the taught vocab in ex 1 and 2	56
			Include some process writing steps prior to ex8	57
		6B (In action!)	Modify question ex1 a to read the words and match them to the pictures (1-10) Exclude ex 4 (optional)	58
			Do ex 8 as a warm-up <i>prior</i> to ex 5 (whole class) Exclude ex 9	59
		6C (Just my style!)	Add a speaking activity after ex 8 where Ss compare classroom items using comparatives to provide further practice, and then a homework activity where Ss write a short paragraph comparing two places in Bahrain (2 malls, 2 fast food chains etc)	61
		6D (Another wonderful day!)	Precede ex 1 with a) a warm-up re travel b) comprehension questions re the text c) a recap of topic sentences and their importance /function within a paragraph (study skills)	62
			Extend ex 3 into a mind map/spidergram to brainstorm ideas and then make notes on organisation prior to writing (process writing steps e.g. graphic organizers etc)	62
		Culture Clip	Ex 1a: Get Ss to do some internet research about Australia/Sydney prior to doing this lesson	63
			Based on the above point, do ex 2 <i>after</i> 1a and <i>before</i> 1b	63

Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 6	56-66	Culture Clip	Do process writing steps prior to doing ex 6 (build up from brainstorming in groups to notes to sentences etc, in addition to simplifying the language to being a short description of a place in their country and things to do there	63
		Self-Assessment Module 3	DO ALL	
		Across the Curriculum	Add a warm-up re travel	66
			Exclude the song if limited for time	66
			Add a research homework task re the North and South Poles	66
Unit 7	68-75	7A (Charmed lives!)	Add further practice on dates after ex 2	68
			Add process writing steps prior to ex 7 (brainstorming, topic sentences etc)	69
		7B (The way it was!)	The language on this page is neither level-appropriate nor common/useful, so exclude <i>all</i> exercises <i>except</i> ex 2, and replace excluded exercises with supplementary Past Simple exercises <i>or</i> retype the text about American Indians to be simpler and contain more useful/general language	70
			Exclude ex 4,6	71
		7C (It's all in the past!)	Exclude ex 6, 7	73
		7D (From rags to riches)	Add more process writing steps between ex 4 and 5 (building sentences etc)	74
			Change the task format: Get Ss in pairs to ask someone else about a famous person they like and make notes while listening. Then write about your partner's (more interactive, less pressured to come up with all the info alone)	74
		Curricular Cuts	OMIT ALL	
Unit 8	76-86	8A (Once on planet Earth...)	Change ex 7 to be an out-of-class internet research project (pairs/groups) followed by a short spoken presentation in class	77
		8B (Animal hall of fame)	Exclude ex 12	79
		8C (Storyline)	Extend ex 3 to include a fun group story-building activity leading to a pyramid discussion on the missing part of the storyline	80
		8D (Feeling miserable!)	Extend ex3 to include mind-mapping, notes, organisation of ideas, sentence-building, paragraph-building, topic sentences, linking words/phrases, editing etc	82
		Literature Corner	(optional)	
		Self-Assessment Module 4	DO ALL	
		Across the Curriculum 4	DO ALL	

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UPSTREAM 2 – Guidelines
2019 - 2020

First Semester

Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 1	6-13	1A (Work day)	Exclude ex 10	7
		1B (Round the clock)	Exclude the game	9
		1C (Chill out!)	DO ALL	
		1D (Guess what!)	DO ALL	
		Culture Clip	Ex 4 (writing) optional	13
Unit 2	14-24	2A (History's Hall of Fame)	Ex 10 (writing) optional	15
		2B (Reliving the past)	Exclude ex 2	16
		2C (Homes of the past)	You may need to simplify some of the vocabulary and structures in ex 4 (reading) by retyping the text	18
			Exclude ex 10	19
		2D (Special Days)	Make sure you teach the vocabulary <i>thoroughly</i> by eliciting, so that they can cope with the difficulty of the text	20
		Literature Corner	OMIT ALL	
		Self-Assessment Module 1	DO ALL	
ACROSS THE CURRICULUM 1	Ex. 2 and 3 (reading): <i>either</i> simplify the language in the text to omit vocabulary which is not level-appropriate and to reduce the volume of the new lexical items <i>or</i> omit the whole page	24		
Unit 3	26-33	3A (Holiday time)	Exclude ex 9 (writing)	27
		3B (Let's book now)	DO ALL	
		3C (Let's celebrate!)	DO ALL	
		3D (Greetings from...)	DO ALL	
		Culture Clip	DO ALL	
Unit 4	34-44	4A (Come rain or shine!)	Exclude exs 9 and 10 (writing)	35
		4B (A world of wonders!)	Exclude ex12 (writing)	37
		4C (The Animal Kingdom)	DO ALL	
		4D (Help me!)	DO ALL	
		Curricular Cuts	Exclude ex 6 (writing)	41
		Self-Assessment Module 2	DO ALL	
		Across the Curriculum 2	DO ALL	



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Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 5	46-53	5A (Nature's attack!)	Simplify/Reduce some of this high-level language	46
			Exclude ex 9 (writing)	47
		5B (Bad days)	Exclude ex12 (writing)	49
		5C (News flash!)	Exclude ex10 (writing)	50
		5D (What a day!)	DO ALL	
		Culture Clip	DO ALL	
Unit 6	54-64	6A (What's the matter?)	DO ALL	
		6B (Doctor, Doctor)	Exclude ex 3 and 4	56
			Exclude ex 11 (writing)	57
		6C (Healthy Lifestyles)	DO ALL	
		6D (All in all)	DO ALL	
		Curricular Cuts	Exclude ex 4	61
		Self-Assessment Module 3	DO ALL	
Across the Curriculum 3	DO ALL			
Unit 7	66-73	7A (Dinner time)	Exclude ex 11 (writing)	67
		7B (Shopping time)	Exclude ex 9	69
		7C (Spend, spend, spend!)	Exclude ex 6 and 8	71
		7D (Dining in style)	DO ALL	
		Culture Clip	Exclude ex 5	73
Unit 8	74-84	8A (Survival UK!)	DO ALL	
		8B (New members welcome!)	Exclude ex 6	77
		8C (What's on?)	DO ALL	
		8D (Don't miss it)	DO ALL	
		Literature Corner	Exclude ex 5	81
		Self-Assessment Module 4	DO ALL	
		Across the Curriculum 4	Exclude ex 5	84

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**UPSTREAM 3 Guidelines
2019-2020**

First Semester

Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 1	6-15	1A (Heroes and Villains)	DO ALL (add writing steps for ex 7)	7
		1B (Actors wanted)	Exclude ex 8 (writing)	9
		1C (How often do you...?)	Exclude ex 4 if lacking time	10
		1D (Have you got what it takes?)	Exclude ex 4	13
		1E (Why don't you...?)	DO ALL	
		Literature Corner	DO ALL	
Unit 2	16-28	2A (Lifestyles)	DO ALL	
		2B (Where and why?)	DO ALL	
		2C (Nothing compares)	Exclude ex 12 (writing)	21
		2D (Work and Play)	DO ALL	
		2E (Job searching)	DO ALL	
		Culture Clip	Exclude ex 2	25
		Self-Assessment Module 1	DO ALL AT HOME (except listening), SUBMIT, MARK AND GIVE BACK	
Unit 3	30-39	3A (Earth calling)	DO ALL	
		3B (Environmental issues)	Ex 4: Prepare at home and do as project work in groups	32
			Exclude ex 6, and 8 if lacking time	33
		3C (Good and bad news)	Exclude (The Game) if lacking time.	34
			Exclude ex 10 if lacking time	35
		3D (Animal welfare)	Exclude ex 7	37
		3E (Just a quick note)	OMIT ALL	
Culture Clip	DO ALL			
Unit 4	40-52	4A (Travel destinations)	DO ALL	
		4B (Getting ready to go)	Exclude ex 10 (writing)	43
		4C (What an experience!)	DO ALL	
		4D (Enjoy your stay!)	DO ALL	
		4E (A traveller's tale)	DO ALL	
		Literature Corner	Ex 3: Just get students to predict/discuss what will happen next and then listen to check their ideas	49
		Self-Assessment Module 2	DO ALL AT HOME (except listening), SUBMIT, MARK AND GIVE BACK	
Curricular Cuts	DO ALL			



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Unit	Pages	Lesson	Recommended Exclusion	Page
Unit 5	54-63	5A (On offer)	DO ALL	
		5B (Shops and products)	DO ALL	
		5C (Dos and Don'ts)	DO ALL	
		5D (Out shopping!)	Exclude ex 4	60
		5E (Reporting back)	OMIT ALL	
		Culture Clip	DO ALL	
Unit 6	64-76	6A (An amazing journey)	DO ALL (Ex 5: Do as portfolio work <i>outside</i> class time)	65
		6B (Let's celebrate)	DO ALL	
		6C (Planning ahead)	Exclude ex 8	69
		6D (Making arrangements)	DO ALL	
		6E (Keep in touch)	DO ALL	
		Culture Clip	Exclude ex 2	73
		Self-Assessment Module 3	DO ALL	
	Curricular Cuts	Exclude ex 5	76	
Unit 7	78-87	7A (Eating out!)	DO ALL	
		7B (Preparing a meal)	DO ALL	
		7C (Is that enough?)	Exclude ex 13 (writing)	83
		7D (Restaurants)	DO ALL	
		7E (Surprise, surprise!)	DO ALL	
		Literature Corner	DO ALL	
Unit 8	88-100	8A (Fit for life)	DO ALL	
		8B (On the field)	DO ALL	
		8C (Been done before!)	Exclude ex 10 if lacking time, and ex 12 (writing)	93
		8D (Express yourself)	Exclude ex 7	95
		8E (The good and the bad)	DO ALL	
		Literature Corner	Exclude ex 5 (writing) depending on the time factor, level of students and creative ability of students	97
		Self-Assessment Module 4	DO ALL AT HOME (except listening), SUBMIT, MARK AND GIVE BACK	
	Curricular Cuts	DO ALL		
Song Sheets			Omit Songsheets1 and 5	126, 130
Unit 9	102-111	9A (Going out)	Do the writing task (Film Review)	103
		9E (On Screen)	ONLY do the writing task	110
Unit 10	112-124	10E (Time to Complain)	ONLY do the writing task	120

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